

# DA

## NEWS BLAST

### KNOW THEIR POLICIES:

## Cigna, BCBSLA, UHC - E&M Reimbursement Information YOU NEED TO KNOW!

### CIGNA

#### ⚠️ Important Update: New Cigna Reimbursement Policy for E/M Services – Effective October 1, 2025

Cigna Healthcare is implementing a **new reimbursement policy (R49)** focused on **Evaluation and Management (E/M) coding accuracy** for CPT codes **99204-99205, 99214-99215, and 99244-99245**.

#### 🔍 What's Changing?

Starting October 1, 2025, Cigna will begin **periodic reviews** of professional claims to ensure alignment with **AMA E/M guidelines**. If documentation does not meet those standards, the billed service may be **adjusted down one level** for reimbursement.

#### 📌 Why This Matters:

If your submitted claims do not meet AMA standards, **you risk reimbursement reductions**. Continued noncompliance may also lead to removal from the program.

#### 📌 Think You Coded Accurately?

You have options. If you believe your documentation supports the original billing level, **(DAI will)** submit a **reconsideration with full encounter records** to:  
**Fax: 833.392.2092**

#### ✅ Act Now:

To protect your reimbursement and stay compliant, we strongly urge all providers to **review the full policy** and update internal coding practices accordingly.

[🔗 Review Policy R49 – Evaluation and Management Coding Accuracy](#)

[🔗 Review Policy R30 – E/M Services Overview](#)

### UHC

#### 🌟 New UnitedHealthcare Preventive Services Reimbursement Policy Alert Effective Now: UnitedHealthcare has updated its **Preventive Medicine and Screening Policy** (Policy #2025R0013A), and it could **impact how much you're paid**.

#### 🔍 What You Need to Know:

- **Preventive visit + E/M on the same day?**  
You'll only get **50% reimbursement** for the E/M code **if** it's significant, separately identifiable, and **billed with modifier 25**.
- **No modifier 25?**  
No additional reimbursement — only the preventive visit is paid.
- **Screenings, counseling, nutrition therapy, vision checks, etc.?**  
These are already included in the preventive service. No separate payment.

#### ⚠️ Why This Matters:

Submitting claims **without meeting these updated requirements** means **reduced or denied payments**.

Avoid costly errors — **review your coding practices now**.

[🔗 Read the full policy here: Preventive Medicine and Screening Policy \(PDF\)](#)

### BCBSLA

#### 🌟 Has A Similar 50% Reimbursement Policy to UHC

[🔗 Read the full policy here: BCBSLA Provider Manual : E&M Services](#)